

	<p>DHANALAKSHMI SRINIVASAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN (AUTONOMOUS)</p> <p>Affiliated to Bharathidasan University, Tiruchirappalli (Nationally Re-Accredited with 'A' Grade by NAAC) Perambalur – 621212</p>	
NAAC	CRITERIA – VI	METRIC 3.6.3

3.6.3 EXTENSION ACTIVITIES 2022-2023

1. PLASTIC AWARENESS PROGRAMME

Dhanalakshmi Srinivasan College of Arts and Science for Women Autonomous Perambalur. On 15.09.2022, an awareness program for female students was held on behalf of the consumer association. In this program, the coordinator of the consumer association of our college Mrs.M.Kaviya explained about plastic waste in canteens in our college campus and its ill effects. Garbage in the college canteen has been set up in two bins which are separated according to grade, compostable and non-biodegradable. The students also took a pledge to avoid the use of plastic product.



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PERAMBALUR – 621 212.



CITIZEN CONSUMER CLUB

PLASTIC AWARENESS PROGRAMME

15.09.2022 At 10.00am

organized by

1. Dr. M. Vijayalakshmi
Asst. Prof
Department of Tamil
2. Ms. M. Kaviya Asst. Prof
Department of Commerce



All are the welcome

The Management, Principal, Dean's, Hod's, staff members & students

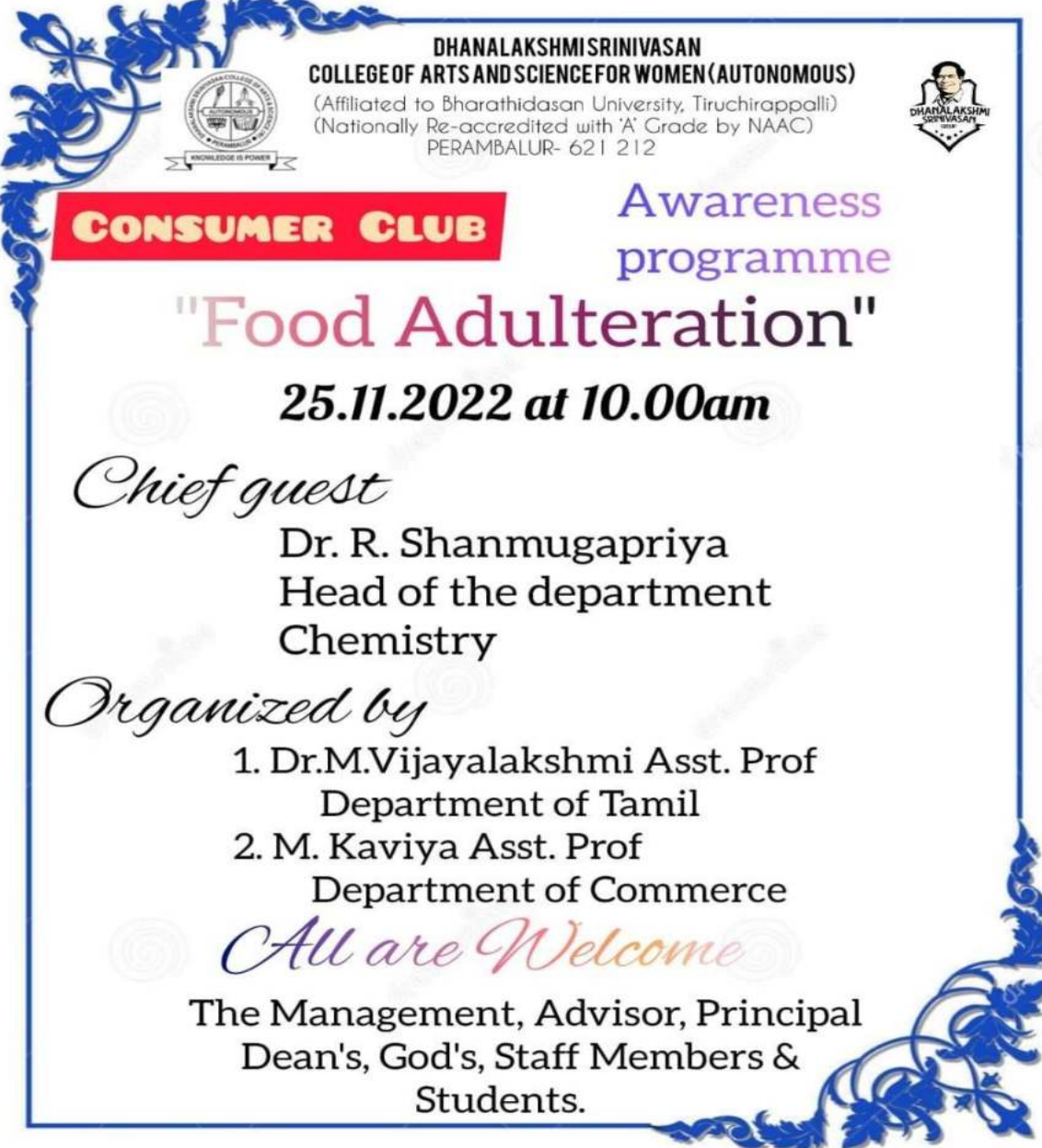
2.PLEDGE REPORT


On 31.10.2022 at 11.00 a.m., a pledge was taken to eradicate bribery on behalf of the Consumers Association running in Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous). Students and professors participated in the event and took the pledge




3.AWARENESS PROGRAMME ON FOOD ADULTERATION

An awareness program on food adulteration was held on 25.11.2022 at 10.00 a.m. on behalf of the Consumers' Association running at Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous). As a special guest in this event, the Professor of Chemistry spoke about the chemicals that are adulterated in the food we eat and the resulting allergies, ailments and diseases. More than 150 students participated in the event and benefited.



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CONSUMER CLUB Awareness programme

"Food Adulteration"

25.11.2022 at 10.00am

Chief guest
Dr. R. Shanmugapriya
Head of the department
Chemistry

Organized by

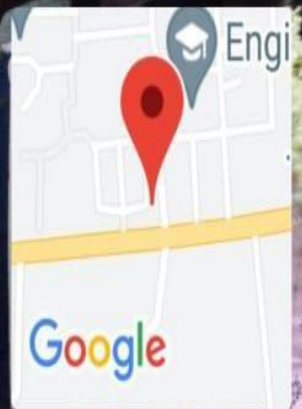
1. Dr.M.Vijayalakshmi Asst. Prof
Department of Tamil
2. M. Kaviya Asst. Prof
Department of Commerce

All are Welcome

The Management, Advisor, Principal
Dean's, God's, Staff Members &
Students.



GPS Map Camera



Perambalur, Tamil Nadu, India
6RPQ+FP9, SH 142, Tamil Nadu 621212, India
Lat 11.236336°
Long 78.839019°
25/11/22 10:16 AM

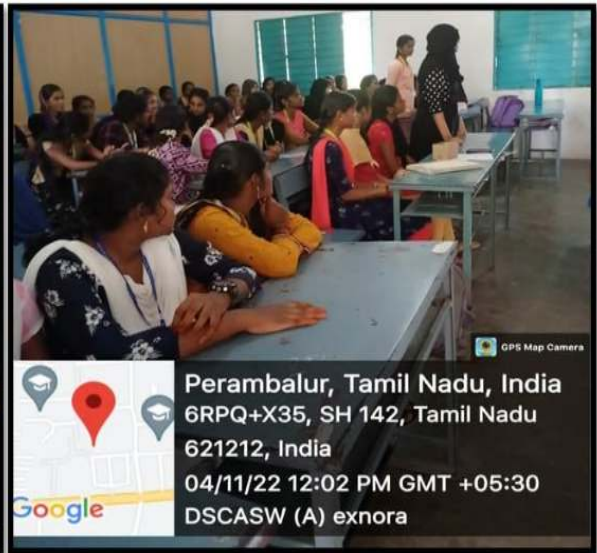
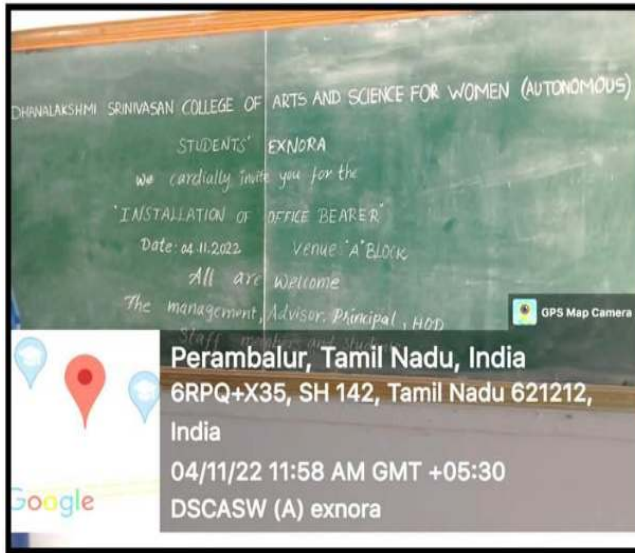
4. WORLD CONSUMER DAY

Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous) Perambalur organized an awareness program on World Consumer Rights Day on 31.03.2023 on the occasion of World Consumer Rights Day. The special guest of the event, Dr.A. Senthil Kumar, Assistant Professor, Department of Tamil , District consumer club Co-ordinator,Perambalur, gave valuable thoughts on how the consumers should check the quality of the products, the weight of the products, etc. Mr.K.Pugalanthi Perumal District Supply Consumer and Protection Officer Perambalur discussed on the symbols on the material and how to know the quality of the material based on the same.



5.INSTALLATION OF OFFICE BARRIERS

The Exnora, Dhanalakshmi Srinivasan College of Arts & Science for Women, (Autonomous), Perambalur-621 212 organized the **“INSTALLATION OF OFFICEBEARERS”** on November 04, 2022 at Room no 110 (A -Block), Dhanalakshmi Srinivasan College of Arts & Science for Women, (Autonomous), Perambalur-621212. Dr. S. Seema & Dr Vijaya Rani Exnora Co Ordinator’s organizing the installation of office bearers. Exnora students participated in the program. The new office bearers were sworn in.




6.ENVIRONMENT PROTECTION AND MANAGEMENT

Dhanalakshmi Srinivasan College of Arts and Science for Women, (Autonomous) organized an awareness program on “Environment Protection and Management” on 09.11.2022 on behalf of College Green Centre. The program was hosted by Dr. S. Seema, Coordinator Dr. Vijayarani Green Center ,organized the event. Students of Green Center participated in the event. The main objective of the program is for students to learn to protect and manage the environment; Professor Dr. D. Vidya explained to the students many concepts such as conservation and management of natural resources in a way that the students could understand. Finally Dr. S. Seema delivered the vote of thanks.




7.ENVIRONMENT SUSTAINABILITY

Exonra club of Dhanalakshmi Srinivasan College of Arts and Science for Women, (Autonomous) organized an awareness program on “Environment Sustainability” on behalf of College Green Centre. The main objective of the program is for students to learn to protect and manage the environment; Professor Dr. T.Sheela explained to the students many concepts such as Environmental sustainability and management of natural resources in a way that the students could understand. Finally Dr. S. Seema delivered the vote of thanks.



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PERAMBALUR- 621212.



Students Exnora

Cordially invites you for the
Guest lecture
on
"Environmental sustainability"

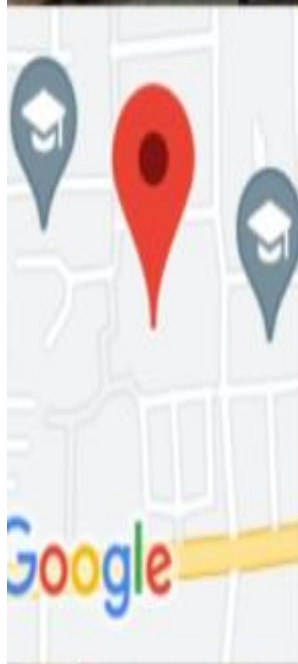
Resource person
Dr. T. Sheela
Assistant professor
Department of biotechnology
Dhanalakshmi srinivasan college
of arts and science for women
Perambalur

Venue - "A-block"

DATE:21.11.2022**TIME:10.30AM**

Organized by,
Students Exnora


ALL ARE WELCOME
THE MANAGEMENT, PRINCIPAL, DEANS,HOD'S, STAFF & STUDENTS




Perambalur, Tamil Nadu, India
6RPQ+X35, SH 142, Tamil Nadu 621212,
India
21/11/22 10:53 AM
DSCASW (A) exnora meeting

8. WORLD SOIL DAY

Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous) on 23.12.2022 online at 10.00 am an awareness program was held for the students on the topic "Let's protect soil fertility on the occasion of World Soil Day". Ms. A. Thanalakshmi Srinivasan College of Agriculture Assistant Professor (Soil Department) was the special guest.. The special guest addressed the participants about natural fertilizers, and important of earthworm. He advised that terrace gardens should be set up and plants should be grown and solid waste should be buried in the soil to make compost. He said that soil fertility can be protected by using such natural methods.



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EXNORA
CELEBRATES
"WORLD SOIL DAY "
RESOURCE PERSON
Ms. A. Raga Priya
Assistant Professor
Department of Soil Science,
Dhanalakshmi srinivasan Agriculture college

DATE:23.12.2022 **TIME:11.00 AM**

Venue-A-Block- Room No 110

ALL ARE WELCOME
THE MANAGEMENT, PRINCIPAL, DEANS,HOD'S, STAFF & STUDENTS



GPS Map Camera



Perambalur, Tamil Nadu, India
6RPQ+X35, SH 142, Tamil Nadu 621212, India
Lat 11.237679°
Long 78.837864°
23/12/22 01:51 PM
DSCASW (A) exnora

9. DEGRADATION OF PLASTICS

A seminar on Plastic Degradation was held on 31.03.2023 on behalf of Green Center of Students of Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous), Perambalur. Principal of Dhanalakshmi Srinivasan Women's College Prof. Umadevipongia delivered the felicitation address.. Dr. M. Vineeth, Assistant Professor, Department of Biotechnology, Bishop Heaper College, attended and addressed the seminar as the special guest. In his address, he explained about plastic degradation and how to recycle plastic materials to create products, and how to use them. The session was a great success and informative for the scientific participants. And he presented golden ideas on how this topic will create a new era in the future



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PERAMBALUR- 621212.



EXNORA

Cordially invites you for the

AWARENESS PROGRAM ON

"Degradation of plastics"

RESOURCE PERSON


DR.M.Vineeth
Assistant professor
Department of Biotechnology
Bishop Heber College
Trichy

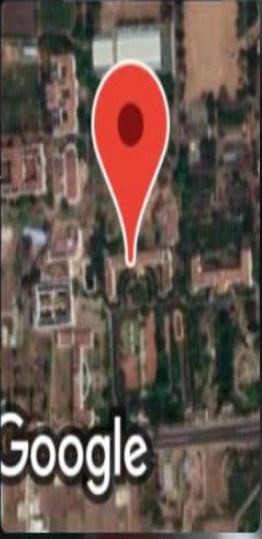
DATE:31.03.2023TIME:11.00 AM

Venue-A-Block- Room No 110

ALL ARE WELCOME
THE MANAGEMENT, PRINCIPAL, DEANS,HOD'S, STAFF & STUDENTS



 **GPS Map Camera**



Perambalur, Tamil Nadu, India
6RPQ+X35, SH 142, Tamil Nadu 621212, India
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Long 78.838329°
31/03/23 12:19 PM
DSCASW (A) Students exnora

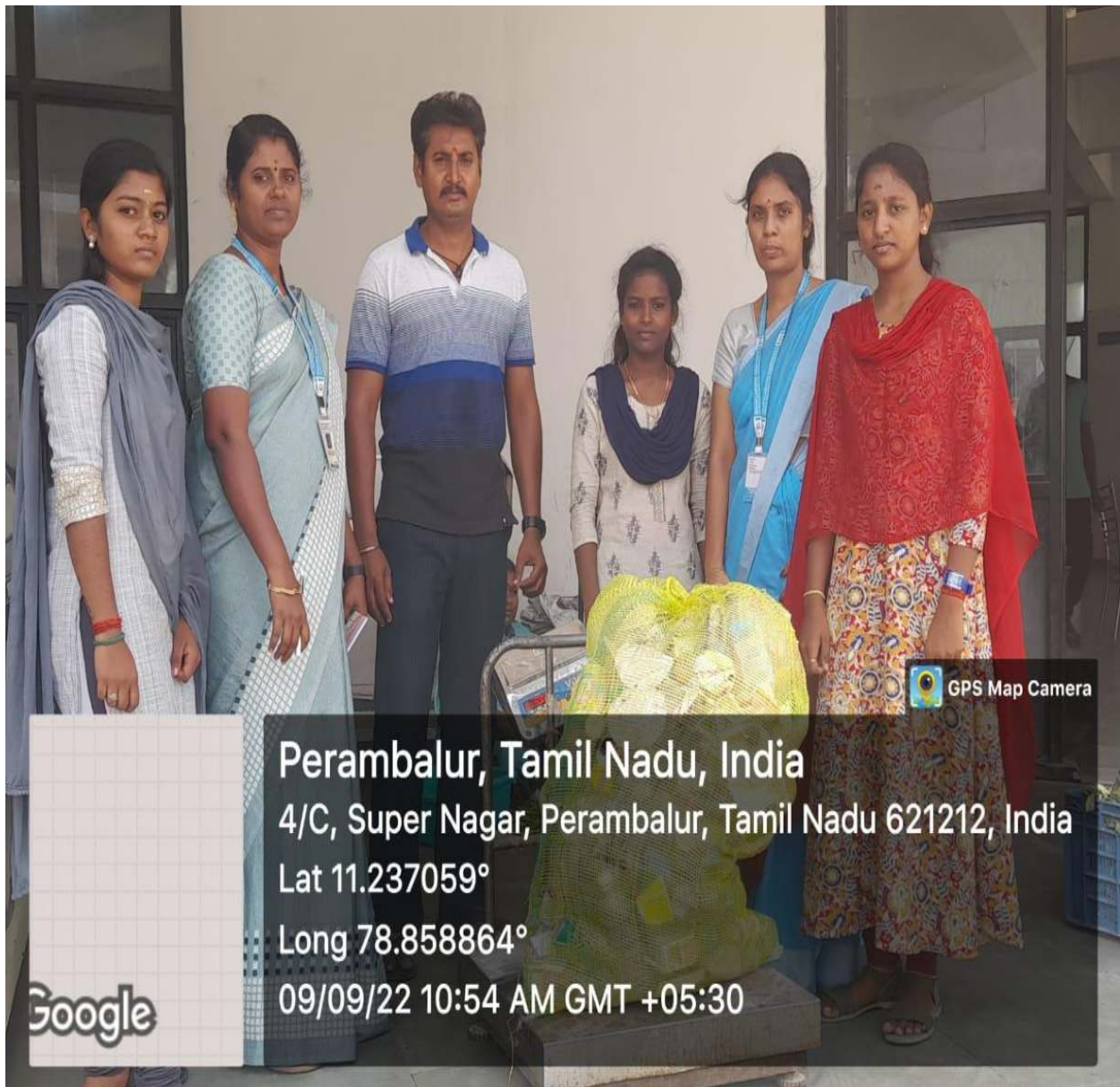
10.BIRDS WATER TANK OPENING CEREMONY

Exnora club of Dhanalakshmi Srinivasan College of Arts and Science for Women celebrated e, bird water tank opening function on 12.04.2023.. The ceremony started auspiciously with the lighting of the lantern. Honorable chancellor of DS groups of institutions,opened the water tank for birds and spoke about the necessity of water tank for birds , he highlighted the great idea that this world is not only for human beings but also for all living beings and all living creatures should be embraced and all birds should be quenched and their thirst should be kept alive. The event was jointly organized by the Green Center and Health Welfare Center of the college.



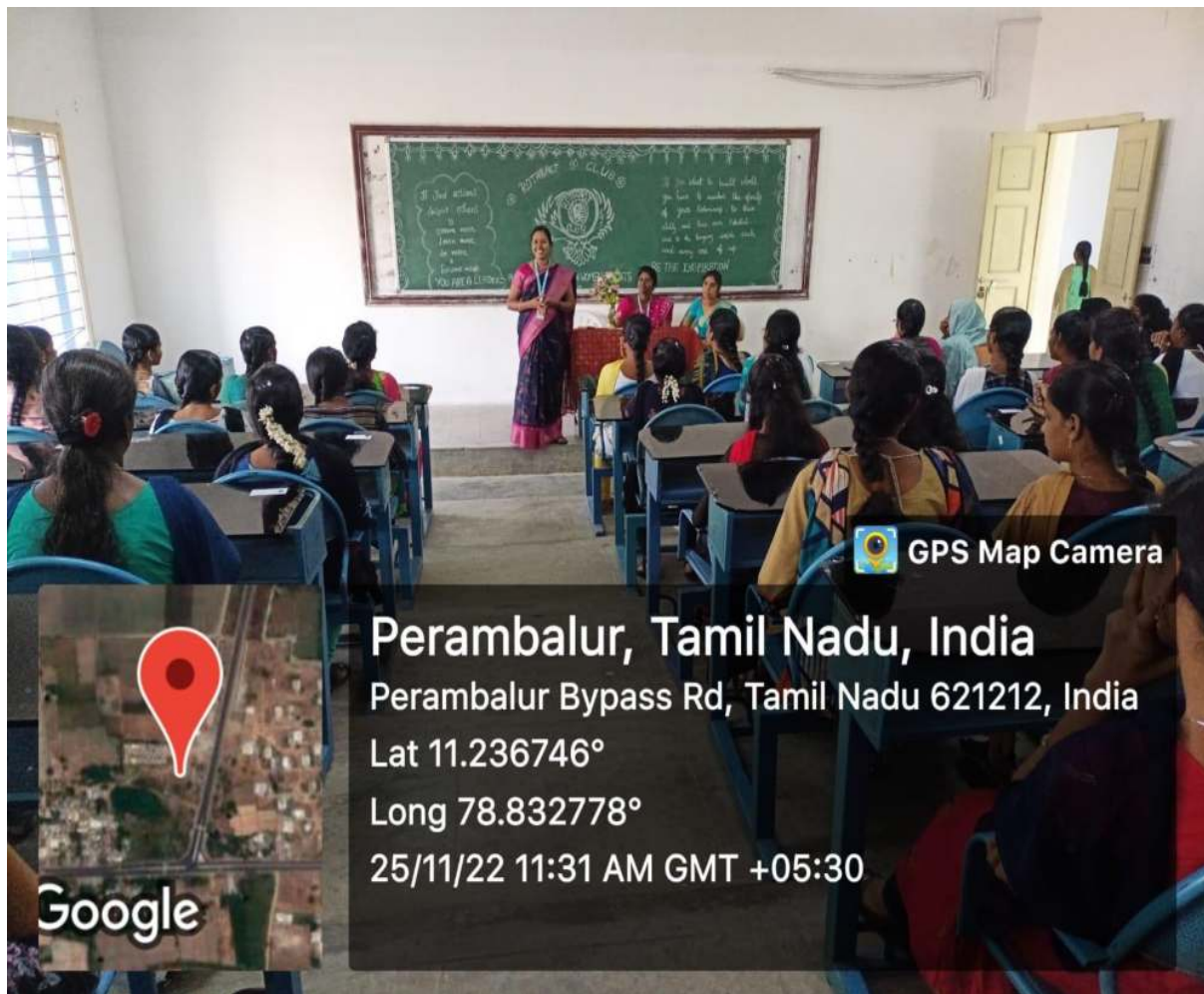
11. PLASTIC WASTE PROPORTION

Rotaract club of Dhanalakshmi srinivasan college of arts and science for women conducted an awareness program on Plastic waste proportion on 09.09.2022. Garbage in our college canteen has been set up in two bins which are separated according to grade, compostable and non-biodegradable. Also rotaract club members and students obtained the proportion of plastic waste generated in the total waste on daily basis. In this survey we received 10kg of plastic waste every day and 300kg throughout a month.



12.AWARENESS PROGRAMME ON WOMENS RIGHTS

Rotract Club has organised Awareness Program for Women's Rights for all first year Under Graduate students on 25.11.2022. Around 60 students participated in the awareness program. B.Deepa has delivered informative speech about section of women's for domestic violence (act 2005), eve teasing (act 498 A), law on dowry death (act 304 P) gang rape (act 376 D) in her talk. The young women community of our college got benefited and award of their constitutional rights.



13. MANJAPPAI EXPRESS

Under the auspicious of Dhanalakshmi srinivasan college of arts and science for women(Autonomus),perambalur the rotaract club planned to conduct an awareness programme for “**manjappai express**” in **renganadhapuram** ,to create the aware of plastic bag.Our college provided Manjappai on behalf of part V on february 14 2023. The objective of the campaign was to create awareness about the hazard of polythene bags. The campaign was named ‘Say No to Plastic ’ Banners bearing this slogan were displayed at various places in the locality. The resource persons and students visited the people in their homes. People were told how the use of polythene bags pollutes the environment.



14.YOGA FOR HUMANITY

The international yoga day was celebrated on (21.06.2022) on behalf of the Yoga Department of the Dhanalakshmi Srinivasan College of Arts and Science and on behalf of the College“ National Student Forces Welfare Program, Women’s Cell, Red Cross, Consumer Society, and Green Movement. The students enthusiastically performed virutchasana, thadasana, komukasana, and vakrasana. It is also suggested that yoga can improve mood, improve cognitive function, improve menstrual cycle and increase body resistance. and the event was successfully coordinating by yoga and part V staffs.



15. AWARENESS FOR MENSTRUAL CUP USAGE

An awareness program on the use of menstrual cups was held today on behalf of the Women's Cell of Dhanalakshmi Srinivasan College of Arts and Science for Women (Autonomous) on 07.10.2022. Dr. Sridevi, Vice-Principal of Dhanalakshmi Srinivasan College of Engineering gave a welcome address on this occasion. K. Anjali, a second year medical student of Dhanalakshmi Srinivasan Medical College, who was the special guest of the event, spoke about the quality of menstrual cups that are available for sale as a substitute for sanitary napkins during menstruation.



16.AWARENESS PROGRAMME FOR PREGNANT WOMEN AND YOUNG MOTHERS

An awareness programme on pregnant women and young mothers was held on 21.11.2022 on the behalf of Womens cell club of Dhanalakshmi srinivasan college of Arts and science for women,(Autonomus) perambalur. The event was held at the Anganvadimayam in SenjeriColony. in this program, the third year students of the Department of Nutrition and Food Control, M.Vaishnavi and T.Madhumati, participated and spoke as special guests.Pregnant women should take food rich in folic acid. 200 mg of calcium rich milk should be taken daily .Lactating mothers should consume galactose-rich foods to help with milk secretion.



17.WORKSHOP ON FIRST AID

Women cell club of Dhanalakshmi Srinivasan college of arts and science for women organized an workshop on 27.01.2023 under the title “FIRST AID” This event was organized by the District Manager of 108 Emergency Ambulance of Perambalur, The special guests of the event were Dr. Raja and Mrs. Satya, experts in the field of first aid, who explained what kind of medical examination should be given to each patient, such as heart patient, blood clot patient, diabetic patient, snake bite patient, childbirth etc., and how to perform first aid. They also spoke very well on the importance of first aid. Also, the drivers of 108 emergency ambulance, Mr.V..Jayaraj and Ra.Ravichandran explained about the method of calling 108 emergency vehicle and how to communicate on the phone. And they answered the doubts of the students in a very good manner.

