	SUB.CODE: 18UBC6M3B								
REG.NO:									r Sq



Time: 3 Hrs

#### DHANALAKSHMI SRINIVASAN COLLEGE OF ARTS & SCIENCE FOR WOMEN (AUTONOMOUS)



Max.Marks: 75

(For Candidates admitted from 2018-2019 onwards)

# **UG DEGREE EXAMINATIONS APRIL - 2021**

#### **B.Sc., - BIOCHEMISTRY**

# NUTRITIONAL BIOCHEMISTRY

PART - A										
(	CHOOSE THE CO	RRECT ANSWER		(10X1=10)						
1.	. Which body compartment is directly proportional to basal metabolic rate?									
	a) Body fat	b) extracellular volume	c) lean body mass	d) Plasma volume						
2. A food contains 5 grams of carbohydrate, 10grams of fat and 5 grams of protein. How many calories										
	(kcal) does this food provide?									
	a) 20	b) 80	c) 130	d) 180						
3. Kwashiorkor is characterized by all of the following EXCEPT:										
		ght (<60% of standard)	b) edema							
	c) Fatty liver		d) hypoalbuminemia.							
4. The amount of heat liberated by complete combustion of unit quantity of fuel is known										
	a) Agitaion	b) Combustion	c) Calorific value	d) Thermogenesis						
5.	Proteins are made									
	a) Lipids	b) Amino acids	c) Fatty acids	d) Glycogen						
6.	The protein found	in the milk of the cow is								
	a) Albumin	b) Vitelline	c) Livetin	d) Casein						
7. Which is an important mineral nutrient?										
	a) Hydrogen	b) Nitrogen	c) Oxygen	d) Carbon						
8. Which mineral is essential for thyroid hormone function?										
	a) Iodine	b) Copper	c) Magnesium	d) Sodium						
9. Insulin is a natural hormone secreted by which organ or gland?										
	a) Liver	b) Brain	c) Pancreas	d) Kidney						
1	0. Which vitamin ma	ay interact with the anti-coagu	lant warfarin and increase the							
	a) Vitamin A	b) Vitamin E	c) Vitamin B6	d) Vitamin B12						
				,						

### ANSWER ALL THE QUESTIONS

(5X7=35)

11. a) Write short note on dietary carbohydrates.

(OR)

- b) Define antioxidants and explain the functions of antioxidants.
- 12. a) What do you mean by balanced diet? Explain the recommended dietary allowance from infants.

(OR)

- b) Discuss on respiratory quotients of food stuffs.
- 13. a) Explain the biological value of proteins and about nitrogen balance.

(OR)

- b) Why few aminoacids are essential? What are the essential and non-essential aminoacids?
- 14. a) Define macromolecules. Mention the significance of macromolecules.

(OR)

- b) Trace elements plays significant role in diet. Discuss
- 15. a) Explain the drug nutrient interaction.

(OR)

b) How will you treat inborn errors of metabolism by nutrition?

#### PART - C

# ANSWER ANY THREE QUESTIONS

(3X10=30)

- 16. How will you determine calorific value by Bomb calorimeter?
- 17. Give a detailed note on BMR and factors influencing the BMR.
- 18. Explain about protein energy malnutrition.
- 19. Elaborate on nutraceuticals and its types.
- 20. Diet and nutrition prevents and treat disease like diabetes mellitus. Justify.