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**DHANALAKSHMI SRINIVASAN COLLEGE
OF ARTS & SCIENCE FOR WOMEN
(AUTONOMOUS)**

(For Candidates admitted from 2018-2019 onwards)



UG DEGREE EXAMINATIONS APRIL – 2021

B.SC – NUTRITION & DIETETICS

DIET THERAPY II

Time: 3 Hrs

Max.Marks: 75

PART – A

CHOOSE THE CORRECT ANSWER.

(10*1=10)

1. The risk factors for type 1 diabetes include all of the following except:
 - a) Diet
 - b) Genetic
 - c) Autoimmune
 - d) Environmental
2. Diabetics are at increased risk of heart disease if they also:
 - a) Smoke
 - b) Have high HDL cholesterol levels
 - c) Take aspirin
 - d) Consume a high-fiber diet
3. Blood pressure refers to the force of blood pushing against:
 - a) The heart
 - b) Artery walls
 - c) The brain
 - d) Capillaries
4. The atherosclerosis and arteriosclerosis are classified as disease of
 - a) arteries
 - b) bones
 - c) liver
 - d) kidneys
5. Patients with progressive chronic renal failure typically develop:
 - a) Hemolytic anemia
 - b) Aplastic anemia
 - c) Hypochromic, microcytic anemia
 - d) Normochromic normocytic anemia
6. Which of the following statements about infection-related acute glomerulonephritis are correct?
 - a) Viral infections
 - b) Post-streptococcal
 - c) E.Coli
 - d) Contra-indicated in all patients with renal failure
7. Which of these is a symptom of HIV infection?
 - a) Swollen lymph nodes
 - b) Fever
 - c) Tiredness
 - d) All of the above
8. What process distinguishes malignant tumors from benign tumors?
 - a) Rate of tumor growth
 - b) Size of tumor
 - c) Location of tumor
 - d) Metastasis
9. The purpose of nutritional care is to:
 - a) cure the underlying medical problem or disease
 - b) restore a state of nutritional balance.
 - c) impact all lifestyle, environmental and food and nutrient factors
 - d) increase supplementation.

10. Characteristics of successful dieters include all of the following except:
- a) Maintaining a daily food journal
 - b) Counting calories
 - c) Adhering to a strict eating plan
 - d) Eliminating all carbohydrates from their diets

PART – B

ANSWER ALL THE QUESTIONS

(5*7=35)

11. a) Summarize the symptoms of Diabetes Mellitus

(OR)

- b) What are the causes of Diabetes Mellitus?

12. a) List out the causes of Atherosclerosis

(OR)

- b) Write short note on the types of Hypertension

13. a) Elaborate on glomerulonephritis.

(OR)

- b) What are the different types of urinary calculi?

14. a) Brief on the mechanism of cancer

(OR)

- b) Relate the stages of HIV infection

15. a) What are the attributes of a successful counselor?

(OR)

- b) Explain the roles and responsibilities of clients and counsellors.

PART – C

ANSWER ANY THREE QUESTIONS

(3*10=30)

- 16. Write short note on the dietary management during Diabetes Mellitus
- 17. Explain the types of Hyperlipidemia
- 18. Elaborate CRF.
- 19. Discuss the nutritional problems of cancer therapy
- 20. Elaborate the different steps in counselling process